

Welcome to Nolla!

Nolla's ideology is based on promoting nature and short-distance tourism as a means to achieve carbon neutrality. We strive to provide easily accessible excursion destinations in interesting environments. If you cannot find answers to your questions in these instructions, please call us on 010 384 5000 between 10 a.m – 4 p.m. Other times only in an emergency.

How can I get into the Nolla cabin?

You will receive a door code via email before you arrive at the cabin. Enter the code in the smart lock preceded and followed by an asterisk (lower left corner) and the lock will open. If you type in the wrong code five times, the door will lock for 10 minutes, after which you can re-enter the code. The door locks automatically when you press it properly closed, causing a red indicator light on the smart lock to light up.

How does the stove work?

1. Start by pressing the start button (round, right corner) for about 2 seconds.
Give it about 2 minutes to switch on.
2. The stove will start automatically in the cooking mode (keep the lid open). You can adjust the heat level with the adjusting knob on the left side. If you want the stove to be in heating mode, turn the adjusting knob back and forth 2–3 times between the numbers 1–6.
3. A small light will switch on in the lower left corner when the stove is in heating mode.
Close the lid. You can adjust the temperature with the adjusting knob.
4. Switch the stove off by pressing the start button for 2–3 seconds.
The stove will stay on for about 5 minutes after you have switched it off.
5. The stove is safe and originally designed for boats. Exhaust gases are directed out of the cabin. We only use fuel made from renewable raw materials.

Keeping the Nolla cabin clean

It is essential that you leave the cabin in a clean state for the next visitor. Please wash all dishes well, sweep the floor, dust quilts and bedding. Please also leave the shelf and cooktop in a clean state. Please recycle all your rubbish. Please do not walk with your shoes on in the Nolla cabin.

Please let us know about any broken, lost or dirty items. It is very important to us that the cabin stays clean and well maintained. Please do not leave behind anything that you brought with you, and if you notice anything in the cabin or the surrounding nature that does not belong there, please help us and the environment by taking such objects with you. If you have any ideas on how we could improve our operations, please email us at info@nollacabins.com.

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About the Nolla cabin

Nolla's beds can be spread out into one big bed. If you want to spread the bed, proceed as follows: Roll up the carpet. After that, open the bed drawers one by one from the window to the door and place the mattress support plates on top of the drawers (two per drawer). You can find the support plates in the drawers. Next, spread the folded mattress found in the drawer on the bed. The pillow roll is used to make mattress pads, which are placed in the middle of the bed. Put the bed back together after use. In sunny weather, the Nolla can get very hot, which you can prevent by using a sun curtain. The sun curtain can be found in the drawer. If you are sensitive to light, we recommend bringing a sleep mask.



**Please make the beds
as in the picture!**

**If you haven't rented bedding,
please remember to bring your
own pillowcases and duvet
covers!**

Items at the Nolla cabin

- 2 beds
- 3 blankets
- 4 pillows
- Canvas bag for the bedding
- Lamp
- Fan
- Fire extinguisher
- Fire alarm
- First aid kit
- Belt knife

- Pot
- Frying pan
- Spatula
- Ladle
- Potholder
- Cutting board
- Ecological paperware
- Basket for dirty dishes
- Brush and dustpan
- Cleaning cloths

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Grilling

There is a common barbeque area on the island, which includes a gas grill with all the necessary equipment. Open fires are strictly prohibited on the island.

Water

Please note that there is no running water on the island; therefore, please bring your water. We recommend bringing at least 3 litres of water per day per visitor.

Toilet

The island has dry toilets for both men and women. Dry toilets are located near the cabins and are easy to find.

Personnel

Please note that Tvijälp is not staffed at all times. If you need help, you can reach us by phone at 010 384 5000 between 10 a.m – 4 p.m. Other times only in an emergency. You can also send us an email at info@nollacabins.com

General

Tvijälp is a public camping area, so please also be attentive to other campers. The island is difficult to get around in many places, so we do not recommend Tvijälp as a destination for people with reduced mobility. Please also note that smoking is only allowed in the designated area near the barbecue area.

Open fires are strictly prohibited on the island.
Please always act responsibly on the water.

Access to Tvijälp

You can get to the island either on your own boat or by using the provided boat service. If you wish to use the boat service, please buy a boat ticket either for the 12:45 a.m. or 13:30 a.m. boat. The boat service brings visitors to the island on a wooden boat from the 50s, which can take a maximum of 8 passengers at a time. Please present your booking confirmation to the captain when boarding. The boat leaves from Keilaranta Marina in Keilaniemi, Espoo, at the address Kalanokankuja, 02150 Espoo. We recommend using public transport to get to the marina. It is about a 400-meter walk from Keilaniemi Metro Station to the dock. You can also get to the island on your own boat. If this is the case, please reserve a mooring when making your booking. The number of moorings on the island is limited.

The boat returns to the mainland from the island at 13.00 a.m. and 13.45 a.m. Please check out of your Nolla cabin 30 minutes before the boat leaves so that our personnel has time to check the cabin before the next visitors arrive. Please also remember to arrive at the dock in time before the boat leaves.



Please note that there is no personnel on the island!
When the boat leaves the dock, it will not come back until the following day. So please bring enough water and food on your trip. If you suffer from any health issues, this destination might not be for you.

Also please remember that Nolla cabins are not hotels but an all-encompassing nature tourism experience. So, make sure you also pack some adventure spirit for your trip!

Instagram: @nollacabins #Nolla #Nollacabins

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